

CCRA: Certified Chiropractic Rehab Assistant Program

ON LINE TRAINING- 2 hours weekly on line and read (10 hours)
SEMINAR (HAND ON)- 5 hours weekly on 4 Saturday Afternoon (20 hours)
1 hour written exam and 20- minute lab practical required after completing program.
Certificate from RMS, LLC (123Rehab Education Services) upon completion. Approved by ACRB
\$599.00 Pre-Pay Only- \$529.00 for second staff of same office. \$499.00 for 3 or more.

Program:

- 1) Initial Seminar is Basic Physiology including:
 - a. Anatomy
 - b. Biomechanics
 - c. The Natural Degenerative Process
 - d. Healing
- 2) On line 1
 - a. Guidelines of Therapeutic Exercise
 - b. Posture
- 3) Seminar 2:
 - a. Patient Communication
 - b. Common Injuries (Cases)
 - c. Therapy Modalities
 - d. Billing Codes
- 4) On line 2
 - a. Coding
 - b. Documentation
 - c. Ethics
- 5) Seminar 3
 - a. Biomechanics or Walking
 - b. Upper Cross
 - c. Lower Cross
 - d. STM Techniques
- 6) On line 3
 - a. STM Techniques
 - b. ROM Techniques
 - c. Tubing / Gymball Rules and Guidelines
- 7) Seminar 4 – Hands on with billing, documentation, performance.
 - a. Pre-Reactivation Program
 - b. Reactivation Program
 - c. Stage I
 - d. Stage II – Upper, Lower, Spinal, Lumbar, Cervical
- 8) On line 4
 - a. Common Conditions
 - b. Nutrition
 - c. Testing Guidelines
- 9) Seminar 5
 - a. Stage III
 - b. Testing and reports
 - c. Chiropractic Guidelines
 - d. Chiropractic Techniques
- 10) On Line 5
 - a. Review
 - b. Written Exam
- 11) Seminar 6 -Final Practical Exam

Participation in course gives all Doctors who attend, the full 30 hours toward the Diplomat status with the American Chiropractic Rehab Board.

DACRB- Diplomat of the American Chiropractic Rehab Board

ON LINE TRAINING- 10 hours are included in Seminar Schedule. 45 are accepted by ACRB at the most.

HANDS ON TRAINING – 100 hours are required for Certification- 10 monthly seminars at 10 CEU's per weekend (8.5 hours each)

1 hour written exam and 20- minute lab practical required after completing program.

Certificate from RMS, LLC (123Rehab Education Services) upon completion. Approved by ACRB

1) \$259.00 / per Weekend. 2) Pre-Pay- \$1,950.00 for all 10 sessions.

Includes review and materials check for ACRB Oral Exam on the last weekend. Guaranteed to pass.

Internships available. 2 hours of internship equals 1 hours of accredited hours toward Certificate.

Program:

- 1) Seminar 1
 - a. History of the Active Model and the ACRB
 - b. Importance of the Active Model
 - c. The Degenerative Process
 - d. Pre-Reactivation Program
- 2) Online 1
 - a. Therapeutic Exercise Guidelines
 - b. Biomechanics of Walking
- 3) Seminar 2
 - a. The Functionality of the Healing Process
 - b. Factor 1-Passive Modalities
 - c. Muscle Function Physiology
 - d. Plastic Deformation
- 4) Seminar 3
 - a. NDP- Upper
 - b. Factor 2- STM / CMT Upper C/S
 - c. Postural Evaluation Importance
 - d. Upper Cross
 - e. Stage I- Upper
- 5) Online 2
 - a. Stability, Mobility, Motor Control
 - b. Floor Exercises
- 6) Seminar 4
 - a. NDP- Upper Cont.
 - b. Factor 3- PNF / CMT Upper C/S
 - c. STM Techniques Upper
 - d. Lower Cross
- 7) Seminar 5
 - a. NDP- Lower
 - b. Factor 2- STM / CMT Lower L/S
 - c. Postural Evaluation Importance
 - d. Stage I- Lower
 - e. Muscle Testing Guidelines
- 8) Online 3
 - a. Flexibility
 - b. Gym Ball
- 9) Seminar 6
 - a. NDP- Lower Cont.
 - b. Factor 3- PNF / CMT Lower L/S
 - c. STM Techniques Lower
 - d. Muscle Testing- Upper / Lower
 - e. Stage II- Upper
- 10) Seminar 7
 - a. Qualitative and Quantitative Measures
 - b. True KT Management
 - c. Upper Extremity / C/S Protocol

Doctors who attend may credit hours instead of or in addition to DACRB program toward the Diplomat status with the American Chiropractic Rehab Board.

- d. Stage II – C/S
- 11) Online 4
 - a. Kinesio Taping
 - b. Postural Corrections
- 12) Seminar 8
 - a. Cardiovascular Testing – Calculating the OFBR
 - b. Biometrics and Optimum Macro Calculations in Rehab
 - c. Factor 5- Nutrition Needs in Rehab
 - d. Biometrics and Macro calculations
 - e. Lower Extremity / L/S Protocol
- 13) Seminar 9
 - a. Somato-Visceral / Visceral-Somatic Relationships
 - b. FIT Principle
 - c. Report Writing
 - d. Insurance Keys
 - e. Patient Management – Passive to Active
- 14) Online 5
 - a. Upper Cross
 - b. Lower Cross
- 15) Seminar 10
 - a. Rehab Progression
 - b. Stage III
 - c. Home RX – Flexibility / Strength
 - d. Documents Review for ACRB Exam
 - e. Written Exam
- 16) Practical Exam