

PARASITE CLEANSING – A MUST!

Parasites ?? Why do I need to cleanse my body of parasites? I don't have them, right? Well, everyone seems to think parasites are things they don't have, but other people do have. You may or may not have them, but up to 50% of the human population have parasites according to some recent research. These include pinworms, roundworms, and other harmful intestinal organisms that live inside your body.

You can get parasites through a variety of ways, such as through the food or water you consume. You can get them through insect bites, through sexual contact, or simply through the nose or skin. The most common reason most of us have parasites is because of an unhealthy digestive system, and colon. When our bowels are clogged, we can't eliminate our wastes, causing the buildup of mucoid plaque, causing a clogging the walls of our colon. This provides a nice warm and waste full environment for parasites to live off, and thrive, especially while you sleep as they are all nocturnal.



In any case, many people who have parasites also :

- have eaten raw fish or meat at some point in their lives
- hang around children, or pets often
- are in contact with insects often
- take antacids often
- experience insomnia, colitis, ulcers, and feel dizzy often, have bad breath, a bad digestive system, acne, are depressed, have bad body odor and a depressed immune system.

Once parasites get inside your body, they will stay there, living off the foods and nutrients you intake. To get rid of them, you must fight them with parasite-killing herbs and an [extensive parasite cleansing regimen](#), like the one we use at Quest.

Parasites don't just consume the nutrients you intake. When they finish consuming, they release harmful toxins in their waste. These toxins, of course are responsible for the many health problems you may be experiencing, such as acne, or IBS, or leaky gut, or candida for example. A friend of mine had chronic acne for 15 years, and only after doing a 3-month parasite/colon cleansing regimen was he able to get rid of his acne. There have even been cases referenced where they are found in and in need of cleaning prior to open heart surgeries. In the past they have been known to be present where cancer was mistaken for parasite infections. When worms are clumped together, they can look like tumors to some people.

If you experience abdominal pain often, chances are you have roundworms. Other symptoms of roundworm infections include asthma, pain in your eyes, and rashes. When these worms secrete their wastes, they can cause rashes in most humans. If you have skin problems, you may have a hookworm infection. When these worms mature into adults, they can literally feed off your blood, which leads to abdominal pain, dry skin/hair, acne, and even death in some people.

Pinworms are common in children, infecting up to 20% of them. If you have a child, I recommend you test them for parasites, and put them in an anti-parasite cleansing regimen such as our Nutracleanse and ParaClenz formulas in our office to ensure these worms do not lay eggs and infect your child when he/she grows up. They can lead to severe health problems. These worms can lay up to 10,000 eggs per day

Of course, for some of us parasites may not be the reason we have health problems, but let me point back to the statistic I made earlier. 50% of the human population has some kind of parasite in their body, and are the 3rd most common reason for increased Eosinophiles and IGE's in our bodies according to Degowen & Degowen medical reference guide. Both are chemicals related to allergies and infectious diseases. Parasites don't discriminate among males, or females, or elderly or young people. Parasites can be in any person's body, and to get rid of them permanently, we must start a parasite cleanse.

How do I get rid of parasites?

Ok, enough with the disgusting images and statistics, how do I cleanse my body of parasites? Well, getting rid of them would be close to impossible if you just took one or 2 substances, since there are so many types of parasites!

However, there are three major herbs that help kill more than 100 kinds of parasitic organisms. Take these 3, and your body will most likely be free of parasites. They are the Black Walnut Hull, WormWood, and Common Cloves. These are usually taken in conjunction with Grapefruit Seed Extract. There are also Homeopathic remedies which kill mostly the adult versions of the infestations and the Cloves and Grapefruit Seed Extract must also be taken.

However, these 3 herbs must be combined together if you wish to cleanse your body of parasites. The first two - black walnut and wormwood help kill adult parasites. The Cloves are useful in eliminating the eggs. If you just use the first two, you will kill the adult but the eggs will eventually lead to more parasites. If you kill just the eggs, guess what? The adults will lay even more eggs and start the evil process once more.

It is imperative you do a Colon Cleanse and partial fast before taking any anti-parasite cleansers, or herbs. You can eat/drink some foods, but only do so very sparingly. Forget about eating any sweets, or heavy foods such as meat, or mixing starches with proteins when you eat. Stick with soft, easy to digest foods like broths and soups. NutriCleanze from Nutrametrix along with Citricidal (Grapefruit Seed Extract) and the Homeopathic formula "Paraclenze) works wonders in just 2 weeks and I recommend following up the initial two weeks of cleansing with a Detox Ionic Foot Bath for 3 weeks at 2 times a week to finish off the remainder of the cleansing process. All in all, our specialized staff and expertise in this area will truly satisfy your need for health, wellness and true cleansing, and you will definitely lose weight and feel great! Simply follow the guidelines listed below in conjunction with the Cleansing and Wellness Program:

DR DANS TIPS FOR HEALTH AND CLEANSING

1. Avoid white flour, white sugars, alcohol and caffeine at all costs during cleansing and reduce intake other times.
2. Eat cultured foods such as kefir and yogurt. These probiotics will definitely help kill the parasites.
3. Consider getting a Bromelain nutritional supplement (Contained in our Isotonix Multi Formula), as they can really put a hurt on tapeworms.
4. Try eating pumpkin seeds a couple time a day, as they have parasite-killing properties. Consider mixing them with cayenne pepper.
5. Eat garlic, garlic, garlic! Garlic will do wonders in destroying some parasites.
6. You need to make your stomach increase in acidity, so consider taking ACV (apple cider vinegar) before every meal, wasabe or citricidal. In case your food contains parasites, this will prevent them from infecting your body.
7. Use various spices in your foods such as cinnamon, and cloves. Many spices are parasite killing properties and will put many of them to sleep.

Testing for parasites is extremely hard, and not accurate. I have many patients who had gotten parasite tests that turned negative, but in fact they did have parasites. If you want to have one in any case, go right ahead, but in my experience many of them are very inaccurate.

If you are in constant poor health, and suffer from some chronic ailment such as acne, or candida, chronic arthritis, Insomnia, abdominal distention, allergies, poor memory, itchy skin, chronic ear aches or otitis media, headaches, circles around the eyes, forgetfulness and any other chronic “unhealthy” feeling, or have Cats, Birds, Chinchillas, Dogs or any other furry animal in the house, you should just

do a month of parasite cleansing and if you don't see any parasites, you can just quit. It's that simple.

If you just do 1 month, your body will still have toxins and some parasites will exist. Remember, if even one parasite exist, then it can lay 10,000 more eggs within a few days, and the whole vicious cycle starts again. So, it's better to cleanse thoroughly than to do a fast one. If your symptoms do improve then, well you did have some involvement with these critters. And, if so, you need to repeat the program 2 or 3 times a year.

Please call and get your copy of "HEALING BEGINS WITHIN", a new manuscript by Dr. Danniell Reyes DC, CPFT, CCSP, DACRB. It is filled with many tricks of the trade.

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